Medical Information Podcasts

Another way of learning is to listen to Podcasts that provide current and relevant information on medical / health topics. Podcasts also have the advantage of being downloadable to your IPod, MP3 player or other mobile device for listening at your convenience.

Below is a selected list of Podcasts from the US Centers for Disease Control and Prevention (CDCP) website. You can listen to each Podcast using the player on the CDCP site (click on the play icon on the player). Or, you can also download the audio file to your own computer or player. Each Podcast has a transcript that you can view and/or print out to follow along or for later reference.

To access the Podcast, click on its title. The length of each Podcast is indicated as well (minutes:seconds).

1.
Antibiotics Use
(5:58)

2.
Arthritis
(5:03)

3.
Arthritis II
(6:08)

4.
Asthma
(3:26)

5.
Asthma II
(4:47)

6.
Cerebral Palsy
(8:46)

7.
Cervical Cancer
(5:29)

8.
Chronic Obstructive Pulmonary Disease (COPD)
(4:03)

9.
Colorectal Cancer
(4:29)

10.
Colorectal Cancer: Screening Tests
(4:27)

11.
Concussions and Brain Injuries
(5:44)

12.
Cough and Cold Medications for Children
(2:29)

13.
Epilepsy
(5:07)

14.
Falls Among Older Adults
(3:42)

15.
Falls Among Older Adults: Prevention and Brain Injury
(2:37)

16.
Folic Acid for a Healthy Pregnancy
(4:37)

17.
Hand Hygiene
(5:29)

18.
Heart Attacks
(3:19)

19.
Heart Disease and Stroke
(4:20)

20.
High Blood Pressure
(4:55)

21.
Immunization: Flu and Pneumococcal
(5:44)

22.
Immunization: Meningitis for Adolescents
(5:04)

23.
Immunization: Shingles
(7:05)

24.
Infection Prevention during Pregnancy
(4:07)

25.
Lead Poisoning in Children
(5:10)

26.
Multidrug-Resistant Tuberculosis
(7:35)

27.
Oral Health and Older Adults
(7:14)

28.
Periodontal Disease and Diabetes
(5:33)

29.
Preventing Birth Defects
(6:10)

30.
RSV: Respiratory Virus in Young and Old
(4:37)

31.
Strokes
(3:16)

32.
Suicide in Young People
(6:51)

33.
Ticks
(5:25)

34.
Violence on the Job
(8:54)

35.
West Nile and Lyme Disease
(3:11)

36.
West Nile Virus
(4:53)

37.
Working in the Heat
(5:30)

38.
Working with Stress
(9:26)